## EAP

# Help. When you need it. **Employee Assistance Program**

Full-time employees are eligible to receive 6 free visits per fiscal year (July 1—June 30). This includes services for your immediate family members as well. The information that you share with a counselor is confidential information between only you and them.

To schedule an appointment, contact the Counseling Center directly.

### Brenda Martin Counseling

Licensed Clinical Social Worker

- Anxiety
- Attention-Deficit Hyperactivity
  - Family issues
    - Depression
  - Grief and loss
- Marital problems
  - Trauma

Individual counseling, children age 6 and up, adolescents, and couples

704-873-7816 Ext. 2 127 N. Green St,

Statesville, NC 28677

**More Information** 

#### Children's Hope Alliance

- ADHD
- Oppositional Defiant Disorder
  - PTSD
- Anxiety and depression
- Healing and re-connection
  - · Improving coping skills
    - Enhance self-esteem
      - Marital problems
        - Sexual abuse
    - Parent-child conflict
    - Youth delinquency
    - Family structure
    - Domestic violence

Office: 704-832-2217
Cell: 704-437-9585
156 Frazier Loop
Statesville, NC 28677

**More Information** 

#### **Hope ReNewed**

Kara Clouse, MA/EdS, LPC
Licensed Professional
Counselor

- Parent/child relational problems
  - Family relational problems
  - Parenting issues of children (birth to adolescence)
    - Marital conflict
- Mood disorders, such as depression and anxiety
- Psychosocial stressors
- Issues of grief and loss
- Integration of faith and psychology

704-880-2246

934 Davie Avenue Statesville, NC 28677

**More Information**